

# Growyoung bio-fiber drink powder

## Support your intestinal health with bio-fiber

Natural fiber—found in fresh fruits, vegetables and whole grains—is essential for good health. Unfortunately, few of us get enough in our daily diets. That's because many of the processed foods we eat—such as those made with refined flour and sugar—have been stripped of their valuable fiber content.

Growyoung Bio-Fiber is a convenient way to ensure get the full 20 to 30 grams of fiber daily that experts recommend. This unique powdered blend includes five dietary fibers with individual and synergistic actions that help promote regularity, support digestion and enhance overall health.

Growyoung Bio-fiber is pleasant to drink, dissolves in a matter of seconds.

Because of its odorless, non-flavored formula, it can easily be incorporated into your favorite beverage. Make Growyoung Bio-Fiber a part of your daily nutritional routine and enjoy the health benefits of digestive system.

### Discussion Points

**Fully soluble:** Growyoung Bio- Fiber mixes conveniently into your hot or cold water or beverages.

**A healthier intestinal flora:** Includes prebiotic fiber that help promote the growth of helpful bacteria in the intestines.

**Supports weight management:** Helps create a feeling of fullness which can be helpful as part of a weight-loss program.

### Did You Know?

A diet deficient in fiber has been linked with several health conditions including constipation, increase risk of colon cancer, diverticulosis, diabetes, high cholesterol and obesity.

### Fast Facts

Promotes regularity  
Contains no cholesterol and no fat.  
Odorless, non-flavored formula.  
One and a half teaspoons of Active Fiber provide 5 grams of top-quality dietary fiber  
Non-allergenic formula suitable for sensitive systems.

Helps restore intestinal flora after antibiotic use.  
Contains more than 5 synergistic dietary fibers:  
Apple pectin, Lemon Pectin, Orange dietary fiber,  
Fibersol-2 (derived from corn)  
Fructooligosaccharides (also from corn)  
Hydrolyzed Guar Gum.

All-natural ingredients

### NUTRITION FACTS

Serving size: 6 g  
Servings per container: 36

	Amount per serving	%Daily Value*
Calories	9	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	12 mg	1%
Potassium	85 mg	2%
Total Carbohydrate	6 g	2%
Dietary Fiber	5 g	20%
Sugars	0 g	0%
Protein	0 g	0%
Vitamin A	0	%
Vitamin C	30 mg	50%
Calcium	0	0%
Iron	0	0%
Citric Bioflavonion	3.75 mg	
Aspartame	0.15 mg	

\* Percent Daily Values are based on a 2,000 calories diet.

Ingredients: Apple Pectin, Lemon Pectin, Fiber-Sol-2, Fructooligosaccharides, Hydrolyzed Guar Gum, Maltodextrin, Silicon Dioxide, Aspartame.

### Notice

Mix before consuming.

### Ordering Details

DW-0220 \$18.75

