

# Growyoung Chitosan Fat Blocker\*

## Absorb less fat and increase fiber intake.\*

For centuries people from all cultures have known the benefits of high-fiber nutrition for internal cleansing and the body's well-being. Once referred to as roughage and readily available in the average diet, fiber is missing in today's over-processed foods, with their overabundance of saturated fats and refined carbohydrates. A lack of dietary fiber increases the risk for everything from constipation and gastrointestinal disorders to cardiovascular disease, diabetes and colon cancer.

Fiber works by speeding up the time it takes food to pass through the large intestines, thereby diluting toxic and carcinogenic compounds. It also modifies the metabolism of foods, binds them for elimination and modifies the toxic bacteria in the colon. Plus, dietary fiber is helpful for those who want to lose weight, since fiber absorbs water so you feel full and satisfied throughout the day. Adding fiber to your diet can help improve your eating habits, which can lead to weight loss and more energy!\*

CHS' Chitosan Fat Blocker contains high-quality dietary fiber from Chitosan# and other ingredients that help lower fat absorption rate while increasing fiber intake.\* You'll enjoy a feeling of satisfying fullness, enabling you to resist the temptation of between-meal snacks.\*

## Discussion Points

- **Internal cleansing:** The natural ingredients in Chitosan Fat Blocker provide the necessary dietary fiber to facilitate healthy elimination of toxins.\*
- **Helps to lose weight:** Chitosan Fat Blocker helps provide a feeling of fullness and reduce the urge or craving for unhealthy foods.\*
- **Reduce fat absorption rate:** Because Chitosan Fat Blocker promote a healthy elimination of foods, they lower the amount of fat that is absorbed by the body.\*

## Did You Know?

According to a study in the Journal of the American Medical Association, adults who eat at least 23 grams of fiber a day are less likely to gain weight over the long term than those who don't regularly consume this amount of fiber. The study also revealed that fiber eaters also usually have lower insulin levels, which could lower the risk of obesity.

#: Chitosan is a natural dietary fiber and is made from the shell of shrimps that were harvested from northern Atlantic Ocean, where has the least level of pollution. The unique property of Chitosan makes it the effective fat blocker. Chitosan can bind dietary fat and cholesterol. Each gram of Chitosan can bind equal amount of fat. By binding with cholesterol, Chitosan can reduce the reabsorption of cholesterol of the bile acid. The Chitosan bound dietary fats and cholesterol is excreted from body. Chitosan also reduces the micelle formation of fat in the intestine and interferes the enzymatic interaction of pancreatic lipase with the fat. Please visit our web side at [www.chsir.com](http://www.chsir.com) for more information.

## Fast Facts

- Each 2 capsules contain 1,175 mg of dietary fibers from Chitosan and Apple Pectin.
- Taken with a full glass of water, Chitosan Fat Blocker helps to create a feeling of satisfied fullness.
- Contains patented chromium picolinate to help normalizing energy metabolism and weight control. chromium picolinate also helps to control high chleosterol.
- Can be used in conjunction with CHSIR's entire line of nutritional products



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## SUPPLEMENT FACT

**Serving size:** two (2) capsules  
**Servings per container:** 15

**One capsule provides:** Activated Fiber Blend, a combination of dietary fibers high in soluble components, patented chromium picolinate and important minerals (Zinc, magnesium)

	Amount Per Serving	%Daily Value**
Total Carbohydrate	<1.2g	
Dietary Fiber	1175 mg□	
Chitosan	800 mg	†
Apple Pectin	375 mg	†
Chromium (as Chromium Picolinate^ or Protein bound)	60 mcg□	50 %
Zinc (as Zinc oxide)	10 mg □	66 %
Magnesium (as magnesium Oxide or chelated)	75 mg□	19 %

† Daily Value not established.

\*\* Percent Daily Value are based on a 2,000 calorie diet.

^: Chromium Picolinate is licensed under US patent # 33,988

**Suggested serving:** Take two capsules up to 3 times a day with food.

**For maximum results:** Take Chitosan Fat Blocker with a full glass of liquid. Use this product in conjunction with other CHS' products.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Ordering Details:

DW 0212